



I AM *Becoming*

WORKBOOK 6



SELF ASSURED



Self Assured CLARITY True Path

This video is about finding YOUR clarity and your heart's desire, finding that inner certainty and conviction that brings you to connection and commitment.



Clarity

"WHO AM I?" Know yourself, accept yourself, love yourself.

"What do I want?" KNOW WHAT YOU WANT! Then other people don't tell you.

Remember, the synonyms to "Manifestation" are:
Confirm, Declare, Demonstrate and Embody - thats Clarity.

To confirm what I want (Certainty).

To declare my hearts desire (Conviction)

To demonstrate, to honor my path, (Connection)

To honor my boundaries, my time (Commitment)

To value myself, and then to embody this new identity and this new path.

THIS is MANIFESTATION, this is CLARITY, and clarity is power.

When I look at all the areas of my life which areas do I have clarity and connection?



Clarity

When you are ready to explore each area, go to the multiverse and bring this area of your life all around you until you feel the current situation, and now ask:

WHAT CLARITY do I feel in this specific area?

WHAT do I feel called to CONFIRM in this area of my life?

WHAT do I feel called to DECLARE in this area of my life?

WHAT do I feel called to DEMONSTRATE in this area of my life?

WHAT do I feel called to EMBODY in this area of my life?

Break it down. If it's Body Image, focus there. If it's career or relationship, focus there. Journal and explore your feelings, have unfolding conversations with open minds or spend time exploring the multiverse where you have unlimited potential and no limits. Let the clarity of what you want light you up.



The Thrive Budget

What is **YOUR** new priority goal? What boundary do **YOU** need to set? What are you going to ask for? If you find yourself stuck in the but how go back to the multiverse.

Look at how many things you want that require you to set boundaries. Boundaries you've avoided setting because you don't believe you can? Or having conversations you're too scared to have?

This new THRIVE life: the things you want, the time you want, the income you want, the experiences you want.

Is this new thrive life you are asking for **MOTIVATED BY LOVE?**

Is this new thrive life you are asking for **FOR YOU?**

Is this new thrive life you are asking for **CONNECTED TO YOUR SOUL PURPOSE?**

SELF *Value*