MAKE IT FOR *you.*

I *created*

A BUSINESS I WANTED!

if you are a *photographer*,

I WILL TELL YOU TO MAKE ART WITH YOUR CAMERA

and if you did that *passionately*

YOU WOULD FIND YOUR MASTERY

BUT IF I SAY MAKE A PORTRAIT FOR SOMEONE AND SELL IT TO THEM?

if you are a *writer*,

I WILL TELL YOU TO JOURNAL YOUR THOUGHTS.

and if you did that *passionately*

YOU MIGHT PUBLISH A MEMOIR.

BUT IF I TOLD YOU TO WRITE YOUR MEMOIR?

YOU'RE OVER THINKING ALL OF THIS!

I don't believe youre overthinking *creativity*.

Because that is all *feeling* and *magic*.

YOU'RE OVERTHINKING THE BUYING OF IT,
THE PUTTING YOURSELF OUT THERE,
AND THE FEAR OF REJECTION.

THE *biggest* LESSON YOU LEARN
IN BUSINESS IS *giving*

AND *giving* AND *recieving* MUST BE IN *balance*
AND IN *equal exchange* OF *value.*

When we start out we are all about the VALIDATION and that is NEEDING we need money we need praise we need support we need positive feedback

8 weeks coaching

brand
IDENTITY

money
& SALES

self value
& CONNECTION

product
OF VALUE

I'VE CREATED STEPS FOR ALL **FOUR** FOR THE **8 WEEKS COACHING**

LET'S TALK ABOUT
DIRECTION -

SETTING A **GOAL**

I *want* IT
I *see* IT
I *speak* IT
I *love* IT
I *do* IT
I *feel* IT
I *receive* IT

THE PHRASE *"I want"* IN MANIFESTATION IS A HOLDING PATTERN!

WHEN YOU *want* SOMETHING

YOU *connect to it* AND YOU *ask for it*

WANTING IS **YEARNING**

AS SOON AS YOU HAVE YOUR VISION, CHANGE IT TO: *I create...*

creation

IS THE PROFOUND ACT OF BRINGING YOUR **IDEAS** AND **DESIRES** INTO EXISTENCE.

IT IS THE PROCESS THAT TRANSFORMS ABSTRACT THOUGHTS INTO TANGIBLE REALITIES.

IN ALIGNMENT YOU GET **CLARITY** FOR WHAT YOU WANT, THEN YOU ACTIVATE THE **HEART ENERGY** AROUND IT...

manifestation

IS THE ART OF TURNING **INTENTIONS** INTO **REALITY** THROUGH THE POWER OF **THOUGHT, BELIEF,** AND **ALIGNED ACTION.**

IT IS A PROCESS THAT ENABLES YOU TO **ATTRACT** AND **REALIZE** YOUR DEEPEST DESIRES BY **HARNESSING** THE **ENERGY** OF THE **UNIVERSE.**

MULTIVERSE THIS:

what do I want?
can I see it clearly?
can I speak it up and out?
do I love this?
am I doing this?
how do I feel about this?
am I open to asking for and receiving this?

THE VISION
IS CLARITY AND HEART CONNECTION
BUT ONCE YOU GET TO **ACTION, DO IT**

that's the *magic.*

THE IDENTITY IS FORMED IN THE **DOING** OF IT!

"The identity is formed in the ***action*** not in the ***vision***"

BE SPECIFIC

I WANT *financial freedom*

I WANT *to be rich*

I WANT *to be pain free*

THESE ARE WISHES

I WANT *to be* ***loved***

I WANT *to be* ***respected***

I WANT *to be.....*

THESE ARE WHAT YOU NEED FROM YOURSELF

clarity AND direction

I WANT MORE MONEY.

for what?

why?

BE SPECIFIC.

I WANT MORE CLIENTS.

how many?

for how long?

doing what?

MOST PEOPLE THINK THAT WHEN YOU **SET A GOAL**

THE *goal*
IS THE **RESULT**

THE *real goal*
IS **CLARITY** WITH **HEART CONNECTION**

BUSINESS TAUGHT ME:

I AM A POWERFUL CREATOR
TO BE A PROBLEM SOLVER AND A SOLUTION FINDER
TO SET BOUNDARIES (**SAY NO**)
TO SET EXPECTATIONS
TO LOOK FOR HIDDEN EXPECTATIONS IN MY CLIENTS
TO CONNECT AND HOLD SPACE FOR PEOPLE
TO BUILD RELATIONSHIPS
TO MANAGE MONEY
TO MANAGE A TEAM
TO BALANCE MYSELF
TO ASK FOR EQUAL EXCHANGE
TO SPEAK UP FOR MYSELF

BUSINESS TAUGHT ME:

I AM THE *poison*

&

I AM THE *antidote*

BUSINESS TAUGHT ME:

TO BE A BETTER COMMUNICATOR

around *money*
around *boundaries*
around *speaking up for myself*
& asking *for equal exchange!*

I AM VALUABLE

EQ: THE FOUR AREAS OF *emotional intelligence* ARE

Self Awareness	*Social* Awareness
Self Management	*Relationship* Management

WHAT'S YOUR

love language,

IS THAT IN YOUR PROCESS?

HOW DO YOU FEEL ABOUT YOUR *stress* LEVELS?

IS THIS *mental, physical,* OR *emotional?*

STRESS: WHEN YOUR MOUTH SAYS *yes*
AND YOUR SOUL SCREAMS *no*

HOW DO YOU *feel* ABOUT

YOUR *brand,*

YOUR *money,*

& *yourself* RIGHT NOW?

ARE YOU FOCUSED ON

what you don't have?

SELF FULFILLING PROPHECIES.

IT'S YOUR VOICE SAYING:

I'm too old
I'm too fat
I'm too different looking
English is my second language

Negative Energy

BEGETS

Negative Energy

venting & gossip

REPEL ATTRACTION

why?

BECAUSE THEY ARE BOTH **EMPOWERING** AND **REHEARSING** THE PROBLEM INSTEAD OF SETTING A BOUNDARY

upgrading YOUR *self worth*

MEANS HOW YOU *feel* ABOUT YOURSELF

NOT HOW YOU *look* TO THE OUTSIDE WORLD

I WANT YOU TO BE ABLE TO SAY:

I ***know*** what I want
I see ***who*** I am
I ***speak*** my truth
I ***love*** doing this
I ***do*** everything with great enthusiasm
I ***feel*** connected to my path
I ***honor*** who I am

THIS IS A *goal*

THIS IS A *timeline*

YOUR JOB IS TO WAKE UP EVERYDAY AND RECONNECT TO THAT *flow*

THAT IS *alignment*